**Continuous Professional Development**

**Clinical setting Objectives**

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| **Objectives** | | **ANMC Competencies** |
| **1.** | To assist in maintaining the patient’s physiological and psychosocial status during the preoperative, intraoperative and postoperative phases of surgery.. | 1.1; 1.2; 1.3; 2.12.4 |
| **2.** | To obtain skills and knowledge and skills to discuss operating suite environmental control procedures including design, patient and staff safety; and infection control measures. | 2.6; 2.7; 3.5; 4.1 |
| **3** | Gain a better understanding of the role of the nurse within a rural setting, identifying skills, knowledge and attitudes required to work effectively in a rural area of Australia | 1.1,1.2,1.3,2.1,2.2,2.3,2.4,2.5,2.6,2.7  3.2,3.3,3.5,4.4,5.1,5.2,5.3 |
| **4.** | Recognise the overall care goal (or treatment goal) in relation to a patient’s values and quality-of-life preferences. Discuss the “big picture” of a patients care | 2.1, 2.3, 2.4, 6.1, 7.1, 7.7, 9.1, 9.2, 9.3, 9. |
| **5** | I wish to update my knowledge and skill to handle emergency situations, legal and ethical aspects concerned with managing various situations | 1.2, 1.3 3.1, 3.2, 3.3, 3.4, 3.5, 4.1, 4.2, 4.3, 4.4 |

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| **Objective 1** | **.** To assist in maintaining the patient’s physiological and psychosocial status during the preoperative, intraoperative and postoperative phases of surgery.. |  |

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| Date | CPD Activity | Evaluation |
| 01/06/2012 | To achieve this objective I will:  Try to have remarkable communication, listening and interpersonal skills. Improve the quality of care for patients in terms of safety, team performance, staff well- being and efficiency. This empowers staff to make difference and as a result, they will feel more fulfilled and motivated in their work. Observe patient during surgical procedure for conditions such as haemorrhage and furnish emergency equipments | When the client is admitted for the surgery he/she will be in a stressful situation. So as a nurse I will be able to help the patient in overcoming psychological stress by providing apt information regarding the procedures and the possible consequences. If am not sure about the impacts I can seek the help of seniors or the experienced hands. Once I learn the objectives I would be able to observe the patient during a surgical procedure for complications such as haemorrhage, patient fatalities and so on. |

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| **Objective 2** | To obtain skills and knowledge and skills to discuss operating suite environmental control procedures including design, patient and staff safety; and infection control measures. | 2.6; 2.7; 3.5; 4.1 |

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| Date | CPD Activity | Evaluation |
| 05/06/2012 | To achieve this objective I will:  To attain this goal I will try to get the help from national health scheme (NHS) representatives who meet hospital management as well as medical staff, to ensure their support and commitment to the programme’s aims, whether directly or indirectly involved in the work of the operating theatre. Workshop sessions are held for senior management, clinicians and theatre staff. These workshops are designed to identify all obstacles that stand in the way of achieving the perfect operating list | It is very essential to develop knowledge and skills which assures environmental safety and the safety of the patients. When I obtain these skills I would be able to make an awareness among other members of the team regarding the safety procedures and how to prevent infection in places such as operation theatre. I would be able to assist in the care and handling of surgical supplies and equipment and would be able to carry out effectively the aseptic techniques and sterilization procedures in surgery. |

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| **Objective 3** | Gain a better understanding of the role of the nurse within a rural setting, identifying skills, knowledge and attitudes required to work effectively in a rural area of Australia | 1.1,1.2,1.3,2.1,2.2,2.3,2.4,2.5,2.6,2.73.2,3.3,3.5,4.4 |

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| Date | CPD Activity | Evaluation |
| 05/06/2012 | To achieve this objective I will:  Read information regarding rural nursing, reflect on information from previous courses, such as sociology and health determinants on the different health issues relating to people living in rural areas.  Discuss the experiences of fellow nurses who have had clinical placement in rural locations | The nurses in a rural setting play such a diverse role. They work closely with each other, the community, patients, doctors, health professionals and with other allied health. Nurses who work in rural setting are not only carers, they are educators, supporters and advocates for the patients and their families.  When I obtain the goal I would be able to practice my profession in rural setting with an aim off rendering maximum health care to the sick and the needy. I will seek assistance from senior registered nurses and experienced community health workers to get some knowledge about the health care system that is being practised in rural settings. I feel that I will not have a very good understanding of the major differences until I experience it for myself. |

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| **Objective 4** | Recognise the overall care goal (or treatment goal) in relation to a patient’s values and quality-of-life preferences. Discuss the “big picture” of a patients care | 2.1, 2.3, 2.4, 6.1, 7.1, 7.7, 9.1, 9.2, 9.3, 9. |

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| Date | CPD Activity | Evaluation |
| 05/06/2012 | To achieve this objective I will:   * Observe the doctors talking to the patient (if possible) and family * Find out who is involved in patient treatment goals * Find out who offers support to the patient and their family * Learn about the different treatments involved- pain etc. * Closely observe and changes in treatment goals along the way | I can develop knowledge and skill to observe the general condition of the patient where I would be able to provide maximum best care to patient. When caring for a patient in ICU it’s obvious to say that there is a lot more to consider than the illness. Factors such as patient and family support, treatment given/required, religious and cultural beliefs, patient quality and end of life requests are all very important components of a patients care. I intend to provide a holistic approach to patient care. As a nurse it is important to support, reassure and comfort the family, explaining treatment every step of the way. It is also important that the nurses reflect on their care and talk with other members of the team as the process of “end of life care” is rather confronting |

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| Objective 5 | I wish to update my knowledge and skill to handle emergency situations, legal and ethical aspects concerned with managing various situations. |

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| Date | CPD Activity | Evaluation |
| 01/06/2012 | To achieve this objective I will:   * Participate in programmes and workshops conducted by different organisations which would be able to provide updated knowledge about the skills required for managing emergency situations. * Get the advice of the legal representatives to get knowledge about the legal aspects. * Observe the procedures related to the care of emergency care | * Able to maintain and cope up with emergency situations and improving knowledge and skill to improve confidence in handle a situation independently.. * Able to explain and impart knowledge regarding the ethical and legal aspects of profession which is a very important part of every profession.   I would be more attentive to emergency situations and would be able to anticipate the care needs |